

ST MARY'S CHURCH OF ENGLAND PRIMARY SCHOOL

PE and School Sport Newsletter

Autumn Term 2017

Welcome to our Autumn Term edition of 'GOAL', the newsletter that keeps you up to date with PE and sport here at St Mary's. It has been a very busy term for our children as we have taken part in many fixtures and competitions. We have also achieved Gold Standard School Games Accreditation for our commitment to PE and School Sport. Wonderful recognition for all the hard work of our staff, students and parents.

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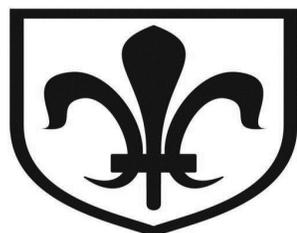
Inspirational visit

Hockey

Mr Challinor

The Daily Mile

We have introduced a new initiative this year that is helping us to achieve the governments recommendation that every child should take part in at least 30 minutes of structured physical activity in school every day. Each child currently receives 2 hours of PE in lesson times in addition to the daily mile that allows children the opportunity to run (or walk) a course at their own pace for 20 minutes. Some have found they can now run much further while others are enjoying the challenge of competing against class mates. Staff have also commented how a 20 minute physical 'break' helps the children to improve concentration when they return to the classroom.



THE SMALL
SCHOOLS



MULTI ACADEMY TRUST



TRI FEDERATION NETBALL

I have been really pleased with the progress of the children who attended netball club last term. Come rain or shine they would turn up for training and work enthusiastically to improve their skills and techniques. Although we did not win the recent netball event, held at Rugeley Leisure Centre, we certainly held our own against Richard Crosse and The Howard. Our team was much younger than the opposition, however they played brilliantly and showed just how much progress they have made. Well done to all members of this years netball squad.

Extra Curricular Clubs

This term our children have had the opportunity to attend the following clubs:

- ⇒ Archery
- ⇒ Dance
- ⇒ Girls Football
- ⇒ Netball
- ⇒ Mixed Football

Details of forthcoming clubs to follow.



**Well done to all our
netballers who took part in
the
Tri Federation Competition**

Sainsbury's Active Kids 2017

Cannock and Rugeley Cross Country Events

We had some pleasing results in the recent events which took place in extremely cold conditions. We entered teams into both the boys and girls year 3/4 and 5/6 competitions. Children were selected on their performances during the daily mile and also during lessons where set distances were timed. Our best placed finishers were Amelia Clarke and Lydia Langley who both came 4th in their respective races. With over 70 children taking part in each race this is a particularly impressive achievement. Well done to all those children who took part for showing effort and commitment and representing the school in such a positive manner.

Many thanks to the parents who helped to collect the Sainsbury's active kids vouchers at the end of last term. Across the 3 schools we collected over 8000 tokens which allowed us to purchase new equipment that will go on to enhance the opportunities for all our children. Look out for the start of this year promotion and get collecting! Thanks once again.

Cannock Hockey Club Visit

We were pleased to welcome coaches from Cannock Hockey club into school recently to teach the children a series of lessons on the skills of hockey. The children were given the opportunity to practice their dribbling, passing and shooting. They were involved in mini games and it was noted how skillful many of our children are. If your child would like more information on becoming part of a local hockey team then please see Mr Challinor for more information.

ELITE ATHLETE COMES TO ST MARY'S!

As I'm sure you will remember we had a visit from former BMX world champion Kelvin Batey at the end of last term. Kelvin started the day by leading the children through a series of fitness challenges, for which the children had been collecting sponsorship. All children took part, and with the music pumping, the atmosphere was electric.

As part of Kelvin's inspirational assembly he talked about how he persevered when in the early stages of his career he had to cope with many last place finishes in big races. However, he was determined to become world champion and several years later he achieved his dream. He showed the children videos of his races and he brought medals and shirts for the children to see. Kelvin's visit was a real treat for the children and gave them an insight into the dedication needed to succeed at the highest level.



As a school we raised over £800 for new PE resources and we also contributed to a pot of money that helps support elite British athletes with their training and competitions. Thank you to everyone who sent sponsorship money into school. It will have a big impact on the quality of resources that are available for our children.

What's your GOAL for the Spring Term?

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KS 1 Athletics

A huge well done to the athletics team from class 2 who came 4th in the recent competition against 12 other local primary school. A great time was had by all in what was some of our children's first competition